

THIS WEEK'S MENU

WEEK COMMENCING 29TH JANUARY 2018

Mediterranean

THEME DAY

	Monday	Tuesday	Wednesda <i>y</i>	Thursda <i>y</i>	Friday
MAIN MEAL	CHICKEN KORMA CURRY ६ NAAN	CHICKEN SOUVLAKI	Roast gammon with gravy	Cowboy casserole (pork)	FISH PIE WITH PASTRY TOPPING
VEGETARIAN	Vegetable curry with naan bread	∦ALLOUMI ६ VEGETABLE KEBABS	QUORN FILLETS	Macaroni cheese	Red pepper frittata
Potatoes/Rice/Pasta	Brown rice	Cous Cous	Roast potatoes	HERB POTATOES	STEAK CUT CHIPS
VEGETABLES	Sweetcorn	Roasted vegetables Greek salad	Broccoli ६ cauliflower	Carrots	Peas
JACKET POTATO	Jacket Potatoes served with a choice of tuna, cheese & hot jacket filling of the day				
Salad bar	A SELECTION OF SEASONAL SALADS AVAILABLE ON THE JACKET POTATO BAR				
Fruit	Daily selection of yoghurt, fresh sliced fruits or cheese & biscuits				
Dessert	Leopard sponge ६ custard	Blueberry, oat ६ Greek yoghurt muffins	Flapjack	CHOCOLATE CRISPY CAKE	Jelly & ICECREAM

Crescent School